

## Delta Classics

*All Delta Classics Come Complete with Choice of Juice (Orange, Apple, Grapefruit or Cranberry), Regular or Decaffeinated Coffee, Selection of Tea or Milk*

### **Delta Canadian Classic 14.50**

*Two Farm-Fresh Eggs Any Style, with Ham, Bacon or Pork Sausage, Served with Home-Style Potatoes, Toast (Multi-Grain, Whole Wheat, Rye or White) with Butter & Preserves*

### **Delta Continental 10.25**

*Choice of Two: Danish, Muffin, Croissant, Fruit-Filled Turnover or Toast with Butter & Preserves*

### **♥Delta Healthy Start 13.00**

*Sliced Seasonal Melon or Half Grapefruit, with Choice of Yogurt or Cottage Cheese & Choice of Granola or Toast (Multi-Grain, Whole Wheat, Rye or White)*

### **Delta Steak & Eggs 16.75**

*A Six Ounce Grilled AAA Sterling Beef Strip Loin with Three Eggs Any Style, Served with Home-Style Potatoes, Fried Tomatoes, Choice of Toast (Multi-Grain, Whole Wheat, Rye or White) with Butter & Preserves*

## Eggs & Specialty Items

### **Toast French 11.50**

*Traditional Style Cinnamon French Toast Made with Thick Sliced Whole Wheat Bread, Served with Canadian Maple Syrup & Choice of Ham, Bacon or Pork Sausage*  
MADE WITH BANANA OR CRANBERRY BREAD +1.00

### **Buttermilk Pancakes 12.50**

*Three Fluffy Buttermilk Pancakes Served with Canadian Maple Syrup Along with Choice of Ham, Bacon or Pork Sausage*

### **Traditional Omelet 12.00**

*Three Egg Omelet with Choice of Three Fillings: Ham, Bacon, Onions, Peppers, Tomatoes, Spinach, Mushrooms & Feta, Cheddar or Swiss Cheese, Served with Home-Style Potatoes & Choice of Toast (Multi-Grain, Whole Wheat, Rye or White) with Butter & Preserves*  
EXTRA FILLINGS +1.00 EACH      ♥CAN BE MADE WITH EGG WHITES +1.00

### **Eggs Benedict 12.50**

*Toasted English Muffin Topped with Canadian Back Bacon & Two Poached Eggs, Served with Lemon-Scented Hollandaise Sauce & Home-Style Potatoes*  
SUBSTITUTE SMOKED SALMON +3.50

### **Prairie Scrambler 12.25**

*Three Eggs Scrambled with Manitoba Garlic Sausage, Peppers & Onions, Over Home-Style Potatoes & Topped with a Three Cheese Blend, With Choice of Toast (Multi-Grain, Whole Wheat, Rye or White)*

### **Denver Sandwich 11.00**

*Scrambled Eggs with Peppers, Mushrooms, Onions & Ham on Multi-Grain Toast, Served with Home-Style Potatoes*

### **Breakfast Clubhouse 12.00**

*Bacon, Lettuce, Tomato, Cheddar Cheese & a Scrambled Egg on Toasted Marbled Rye Bread with Herb Flavoured Mayo, Served with Home-Style Potatoes*

### **♥Heart Smart 11.00**

*Scrambled Egg Whites Served with Sliced Fresh Fruit & Multi-Grain Toast*

## Fresh Fruit, Yogurt & Cereals

♥Seasonal Fruit Plate 9.75

*Served with Banana Bread & Choice of Fruit Yogurt or Cottage Cheese*

Seasonal Fresh Fruit Salad 4.50

Seasonal Berries 5.75

*with Whipped Cream*

Seasonal Melon or Half Grapefruit 4.00

Hot Cereal 4.00

*Cream of Wheat or Oatmeal Served with Milk & Brown Sugar*

ADD: RAISINS +1.00

SLICED BANANA +1.50

SLICED STRAWBERRIES +2.00

Assorted Cold Cereals 3.75

*All-Bran, Special K, Raisin Bran, Rice Krispies, Corn Flakes, Fruit Loops or Granola*

Assorted Yogurt 3.25

*Regular, Low Fat Plain or Fruit Flavors*

## Fresh Baked

Muffins 2.75

*Blueberry, Carrot, Banana, Bran or Cranberry Lemon*

Butter Croissant, Danish, Fruit Turnover or Toasted Cinnamon Bun 2.75

Toasted Breads 2.75

*White, Whole Wheat, Multi-Grain, Raisin, Rye or English Muffin*

Bagel & Cream Cheese 3.95

*Choice of Assorted Bagels, Toasted & Served with Cream Cheese & Preserves*

ADD SMOKED SALMON +3.50

Breakfast Breads 2.75

*Two Pieces, Choice of: Banana, Cranberry or Lemon*

## A la Carte

Farm Fresh Eggs

*Any Style - Single Egg 2.75, Two Eggs 4.25*

Wood Smoked Bacon 3.75

Honey Seared Ham 3.75

Home-Style Potatoes 2.75

Maple Sausages 3.75

## Beverages

Espresso, Cappuccino or Latte 3.50

Milk 2.00

*Skim, 1%, 2% or Chocolate*

Tropicana Juice 3.00

*Orange, Cranberry or Grapefruit*

Regular or Decaffeinated Coffee 2.50

Red Rose or Lipton Herbal Tea 2.50

Hot Chocolate 2.75

Bottle Water: Sparkling or Still 2.50

Our Kitchen is  
Your Kitchen...

*Should you wish an item not found on our  
menu, please tell your server  
& we will do our best to accommodate  
your special request.*

*Blaze Bistro supports local producer  
& farmers by using locally grown  
or produced ingredients whenever possible*

♥ Healthy Choice